



# St Martin and St Mary Church of England Primary School

*Be the best that you can be...*

## Smarties School Sport Update – Spring 2022

**Brewery Dance Platform** – Well done to all of the Year 4 children who performed this week, with a number of other local schools, at the annual Brewery Dance Platform event. The audience were 'wowed' by our amazing dance all about the Battle of Hastings in 1066. The children performed a complex dance amazing well, on the stage and under the lights in a professional venue to a live audience – what an experience! Thank you to all the staff who made this opportunity happen (Miss Conroy, Ms Remnant, Mrs Whitehead and Miss Aspinwall – giving up their evenings to be there) and to Miss Nic for choreographing our amazing dance piece. Videos of both performances will be available to purchase via Scopay.



## ELLERAY WINDERMERE CROSSCOUNTRY FESTIVAL



40 children trekked up to Elleray school for their annual Cross-Country Festival to compete alongside over 400 pupils from around the South Lakes. William Dolman and his team set out an incredibly challenging course which tested even the strongest of



our runners and both the boys and girls produced some fine team performances and all managed to

complete the course with a smile, if not a little muddy!

Every child in upper school has taken part in a set of cross-country challenges in their P.E and

Games sessions throughout the whole of the Spring Term and they have all really improved in their stamina and strength in this challenging and demanding sport. It is inspiring to watch them perform and believe that they can do absolutely everything.



### Top placed ;

Year 5 Girls Race TOP 4 Milla B (year 4) placed 2nd, Jessie B placed 3rd, Emilia J placed 19th, Charlotte placed 26th - resulting in a team 2<sup>nd</sup> overall

Year 5 Boys Race TOP 4 Archie P placed 10th, Kit E (year 3) placed 14th, Tom H placed 42nd, Rory placed 43rd - resulting in a team 9<sup>th</sup> overall

Year 6 Girls Race TOP 4 Caitlin placed 31st, Amelia placed 39th, Elia placed 47th, Sarah placed 49th - resulting in a team 9<sup>th</sup> overall

Year 6 Boys Race TOP 4 Zephan placed 8th, Rueben placed 8th, Lenni placed 8th, Oscar placed 30th -resulting in at team 2<sup>nd</sup> overall.

## PANATHLON TEN PIN BOWLING



Children had a wonderful morning at our very first 'Panathlon' Ten Pin Bowling Sports event in Morecambe. Competing against 12 schools from around the South Lakes. All our children grew in both ability and confidence and we were very soon smashing down the pins and celebrating strikes galore.

Our two incredible teams consisted of six Year 1 & 2 pupils and six Year 4 & 6 pupils and all were a joy to coach on the day. Wearing their fabulous medals, the children sang all the way home and are now looking forward to representing school again soon.



## SOUTH LAKES INDOOR ATHLETICS CHAMPIONSHIPS

Year 6 competed in their first Indoor Athletics competition at Kendal Leisure Centre. Hosted by a very well organised team of 6th form students from Kirkbie Kendal School, the children took part in both track & field events. Rueben & Jaiden impressed with their incredible throws in the Javelin and went on to produce personal bests and set new records for junior indoor

athletics. In the triple jump William and Bobby shone and setting records in the speed bounce

were Lenni, Ewan, Caitlin and Ema and our team relays were so exciting to watch and Amelia. Another positive for our school on the day was that our teams were led by our very own Year 6 Sports Leaders Chanade and Abbie. Both girls were professional and well organised their teams were in place, ready to go and fully supported throughout the competition. So proud of all who took part and we look forward to a summer of athletics.



## HAWKSHEAD YEAR 4 & 5 CROSSCOUNTRY CHAMPIONSHIPS

Hawkshead Primary School invited 18 of our Year 4s and 18 of our Year 5s to come and have a go at their challenging 2.5km cross-country course. Both year groups tackled the tricky route with both positivity and sheer determination. Year 5 top runner Rory won his race with an impressive uphill sprint, he was closely followed by Owen, Harry H, Year 5 Girls race was equally as exciting with our pocket rocket Jessie finishing in 2nd with

Our Year 4 Boys squad were eager to get going and their race was equally as exciting. The team pushed each other throughout the course and all finished in the top 15.

Last to go were our superb Year 4 girls who were led by the inspirational Mila Barron. With her top tips and support her team battled hard through the woods and over the fields. Mila finishing impressively in 1st and closely followed by her classmates Olivia, Marley-rose,

All of our pupils showed determination, courage and good concentration during the competition, despite it being a new course to them all. I was also really impressed with their resilience and willingness to work extra hard for their each other which is a great attitude to have when facing new challenges.

**Year 5 & 6 BOYS RACE** 1<sup>st</sup> Rory, 2<sup>nd</sup> Owen, 4<sup>th</sup> Harry G, 5<sup>th</sup> Harry H, 7<sup>th</sup> Olly, 8<sup>th</sup> Stanley, 10<sup>th</sup> Toby, 11<sup>th</sup> Ronnie, 12<sup>th</sup> Rowan

**Year 5 & 6 GIRLS RACE** 2<sup>nd</sup> Jessie, 3<sup>rd</sup> Amelia, 4<sup>th</sup> Iris, 5<sup>th</sup> Molly S 6<sup>th</sup>, Molly L 7<sup>th</sup>, Holly 9<sup>th</sup>, Phoebe 11<sup>th</sup>, Heidi 12<sup>th</sup>, Mia 13<sup>th</sup>

**Year 4 BOYS RACE** Kit (Year 3) 2<sup>nd</sup>, Harris 3<sup>rd</sup>, Fabio 5<sup>th</sup>, Elliot 6<sup>th</sup>, Toby 7<sup>th</sup>, Arthur 9<sup>th</sup>, Sonny 10<sup>th</sup>, Finley 11<sup>th</sup>, Justin 12<sup>th</sup>

**Year 4 GIRLS RACE** Mila B 1<sup>st</sup>, Ivy M 2<sup>nd</sup>, Ivy L 5<sup>th</sup>, Olivia 7<sup>th</sup>, Amalie 8<sup>th</sup>, Jasmine 11<sup>th</sup>

## PANATHLON BOCCIA NATIONAL CHAMPIONSHIPS LIVERPOOL

Liverpool hosted the North of England 'Panathlon' Boccia Championships and 6 of our amazing children were offered the chance to take part in the event.

Boccia is a highly skilled game which requires both concentration and composure to beat the opposition. A mix between curling & bowling; the ability to work as a team and pull together is paramount.

Our super Year 5 & 6 team grew with confidence throughout the day and, even though it is a new sport to our school, they finished with an impressive team win. We met some amazing people on the day and both the coaches and children have made new friends for life. We spent time with Westhoughton High School who took time with us to teach us the ropes and they went onto to show us how it's done by winning the competition in style. Taking part at every level is so important for all our children - making new friends, bringing us all together and having fun in sport is what it's really all about.



## **SOUTH LAKES REGIONAL CHAMPIONSHIPS**

18 of our highest scoring gymnasts qualified for the South lakes Regional Finals hosted by Cartmel High School. This event pushed the girls and boys to the next level of performance and they did not disappoint the judges with their faultless routines. All of the 3 squads vaulted with great strength and accuracy and scored very high marks. Year 1 & 2 came first in their age groups, Year 3 & 4 came first in their age groups and incredibly our Year 5 & 6 came first in their age group. This is the first time that this competition had 3 winning teams from one school. The children were over the moon, us coaches were absolutely delighted and it was a joy to watch the children collecting their medals and trophies. A fantastic reward for all the effort in our training sessions. All teams now qualified for the County Championships in Penrith.



## **SOUTH LAKES ULTIMATE DODGEBALL FINALS**

A crazy afternoon for three Year 6 teams at Kendal Leisure Centre playing in their first Ultimate Dodgeball Competition. 16 schools came together to celebrate this new sport and what a wonderful afternoon they had. We really enjoy playing dodgeball in our P.E sessions and in our after-school club however the rules of 'Ultimate Dodgeball' required speed, agility and bravery in the most frantic conditions. We lost a few, drew a few and won quite a few and all games were closely contended. Jaiden really shone at this event with his accurate and powerful throwing and I felt very proud when the coaches and referees recognised his high skill level in this sport. Ex-pupil George gave our teams additional coaching on the day and is looking forward to helping us set up our own courts so we can play this game at school. We look forward to welcoming George back to school and watching this sport grow. Check out [BRITISHDODGEBALL.ORG](http://BRITISHDODGEBALL.ORG) to find out what's happening in our area.

## **CUMBRIA COUNTY GYMNASTIC KEY STEP CHAMPIONSHIPS**



It was an early start for our gymnasts on the day of their prestigious county event. With new leotards and shorts, braids with ribbons and Gym Squad hoodies they were ready for the exciting day ahead. Well-rehearsed and confident in their programme of events it was high spirits throughout the day.

All age groups performed brilliantly in the incredible very professional Penrith Gymnasium. All our gymnasts produced strong and controlled Body Management sequence work, powerful and dynamic vaulting from the springboard and their incredible floor exercises impressed the judges and

dazzled our proud parent spectators.

After 'cool downs' our team huddle chat celebrated their performances and the effort that every child had put into get to this stage, remembering all their team mates back at school and the amazing gym school that we have become. A gym school that promotes self-confidence, self-belief and self-worth. With big smiles and full hearts, we took our places on the gym floor alongside the other 15 teams taking part.



Vanessa Foster & Howard Todd, Presidents of British Gymnastics, acknowledged that in the hall there were 18 squads that were already crowned the top teams in Cumbria and that they should celebrate the fact that even through the very recent hard times that they had all still had the determination and love for gymnastics and pushed on to practice those skills and produce some wonderful performances. The final results came in and we are overjoyed to tell you that all three squads were placed. Silver to Key Step 1, Gold to Key Step 2 and Bronze to Key Step 3. County Champions! A day that we will all remember forever.

A huge thanks to Lauren Aspinwall, Louise Swindlehurst & Miss Nicola Moorhead for joining me on this coaching journey. Without your commitment and enthusiasm, we could have never given as many the opportunity to take part.

Massive thank you to Katrina Louise Deegan from Bowness Bridal for her incredible hair design inspirations.

Katrina Deegan

HAIR

On behalf of school, I would like to thank our Sponsors who allowed us to invest in a bank of beautiful leotards and shorts that made our children feel just incredible throughout the special day.

You helped make their dreams come true and we will be forever thankful every time one of our pupils wears the kit that you kindly sponsored.

Broadoaks Country House Hotel



Dawn Stainer - Lakeland Mediation Solutions



**Simon Thomas**

Aga Servicing - Windemere

Gareth Nicholson of MHA Tait Walker Wealth Management in Staveley



## **AFTER SCHOOL SPORTS PROGRAMME**

25 hours of additional sports spread weekly over the 12 weeks of Spring term with over 300 children taking part it is pretty incredible achievement and I believe we should sit back over Easter and give ourselves a huge pat on the back. We offer sports to all who want to learn and push their skills and we love to see new faces joining in. We have a super summer term of After School Sports and hope to offer family sports evening to continue to promote healthy lifestyles and positive sporting experiences for all. Next term we will be offering new sports in our club calendar like athletics, basketball, cricket, rounders, table tennis and golf - so keep a look out for our new sports programme on the first week back.

A huge thank you to all my Year 6 Sports Leaders who go above and beyond to volunteer their time to work alongside myself to offer sporting experiences for all who take part.