



# SPORTS CLUBS SUMMER 2026



**CLUBS START ON WEEK BEGINNING MONDAY 20th April 2026**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
YEAR 3, 4, 5 & 6 8.00am - 8.45am FELL FLYERS RUN CLUB LIBRARY £3.00		YEAR 3, 4, 5 & 6 8.00am - 8.45am FELL FLYERS RUN CLUB LIBRARY £3.00		YEAR 3, 4, 5 & 6 8.00am - 8.45am FELL FLYERS RUN CLUB LIBRARY £3.00
YEAR 3, 4, 5 & 6 3.20pm - 4.30pm FOOTBALL BOYS & GIRLS SPORTS FIELD £3.00  YEAR 3, 4, 5 & 6 DODGEBALL LEAGUE ASTRO TURF SPORTS HALL 3.20pm - 4.30pm £3.00	YEAR 1, 2 & 3 3.20pm - 4.30pm ZONEBALL & DODGEBALL BOYS & GIRLS SPORTS FIELD £3.00  RECEPTION UP TO YEAR 9 5.00PM - 6.00PM HOCKEY LAKES SCHOOL 5.00PM - 6.00PM £3.00	YEAR 1 & 2 FOOTBALL LOWER SCHOOL CALVIN MOORHEAD FEES  RECEPTION & YEAR 1 GYMNASISTICS & ACRO SPORTS HALL 3.20pm - 4.30pm £6.00	YEAR 3, 4, 5 & 6 3.20pm - 4.15pm ATHLETICS BOYS & GIRLS LOWER SCHOOL ASTRO TURF FREE  YEAR 1 & 2 3.20pm - 4.15pm ATHLETICS BOYS & GIRLS SPORTS HALL FREE	YEAR 4, 5 & 6 3.20pm - 4.30pm ZONEBALL BOYS & GIRLS ASTRO TURF £3.00  YEAR 1, 2 & 3 3.20pm - 4.30pm FOOTBALL BOYS & GIRLS SPORTS FIELD £3.00
		YEAR 2, 3 & 4 GYMNASISTICS & ACRO SPORTS HALL 4.30pm - 6.00pm £8.00  YEAR 5, 6 & 7 GYMNASISTICS & ACRO SPORTS HALL 6.00pm - 7.30pm £8.00		

St Martin & St Mary Church of England Primary School after school sporting opportunities are unique throughout Cumbria and an incredible amount of time, effort and expertise is used to provide our exciting and extensive programme. We now look forward to a wonderful array of sporting opportunities throughout the Summer Term. Please remember that our sports clubs will be cancelled if the weather makes our sessions dangerous or if I am away from school. As After School Sport Club Co-ordinator I will endeavour to give you as much notice as possible if your child needs to be collected. I always encourage helpful comments and queries from both players, coaches and parents alike. Constructive, respectful and positive inputs are always welcomed!

**Please ensure you are on time to both drop off and collect your child promptly.** All of the coaches have other commitments and coaching responsibilities and cannot provide childcare before or after this time.

**OUR SPORTS CLUBS ARE FOR CHILDREN WHO WANT TO TAKE PART IN SPORT, DEVELOP NEW SKILLS & LEARN TO BE PART OF A TEAM!**

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# Extra Curricular Charter

For pupils, parents & coaches.

GOLD  
AWARD

**St Martin & St Mary Church of England Primary School encourages parents, guardians & spectators to take an active interest in their child's development within sport and ask that every parent/guardian/spectator observe the following:**

- Encourage your child to learn the rules and play within them.
- Help your child to recognise good performance, learning from every performance, **not just results!**
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding the good performances of all.
- Publicly accept officials' judgements and trust experienced coaching decisions.
- Support your child's involvement and help them to understand the enjoyment of sport.
- Use correct and proper language at all times.

**All our coaches must:**

- Consider the well-being and safety of participants before the development of performance.
- Develop an appropriate working relationship with performers, based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and experience of those taking part.
- Promote the positive aspects of the sport (e.g. fair play).
- Display consistently high standards of behaviour and appearance.
- Follow all guidelines laid down by the national governing body and the school.
- Never exert undue influence over performers to obtain personal benefit or reward.
- Ensure all Health & Safety Regulations are upheld at all times.

**As a member of St Martin & St Mary Church of England Primary School you are expected to abide by the following rules:**

- All pupils must play within the rules and respect officials/coaches and their decisions.
- All pupils must respect opponents.
- All pupils must wear the correct kit at all times.
- All pupils must ensure they give apologies for absence from a club.
- All pupils must ensure they have both a drink & one healthy snack before a club commences.
- All pupils must report any injuries to their coach at the start of the training session.
- **No jewellery to be worn! No earrings will be allowed!**
- Club payments must be paid up to date and handed in in a signed envelope.
- All pupils must ensure that 110% effort is given at all times! **HAVE FUN!**

**KIT LIST**

**YOUR CHILD WILL NOT BE ALLOWED TO TAKE PART IN COMPETITIVE ELEMENTS OF THE SESSION WITHOUT THE CORRECT EQUIPMENT**

**FOOTBALL**

**SHIN PADS, LONG SOCKS, APPROPRIATE FOOTWEAR**

**HOCKEY**

**SHIN PADS, GUM SHIELDS, HOCKEY GLOVES, APPROPRIATE FOOTWEAR**

**NETBALL, CRICKET, DODGEBALL, ZONEBALL, ATHLETICS  
APPROPRIATE FOOTWEAR**

**HAIR TIED BACK, NO JEWELLERY, APPROPRIATE SPORTS CLOTHING,  
LIGHTWEIGHT WATERPROOF**