



Family Help Support for Professionals

What is Family Help?

Family Help is early, collaborative support offered when a professional identifies unmet needs for a child or family.

The aim: help early, build on strengths, and work together with families and agencies.

Early Help Assessment (EHA)

Completed with the child and family to identify:

- What's working well – strengths to build on
- What professionals are worried about – clear focus for planning
- What future wellbeing looks like – shared goals

Who can initiate an EHA?

Any professional supporting families.

Who is it for?

Children/young people pre-birth–19, or up to 25 with SEND.

Team Around the Family (TAF)

After completing an EHA:

1. A TAF meeting is arranged.
2. A coordinator is agreed.
3. A Wellbeing Plan is created.
4. Agencies agree actions to support each wellbeing goal.

Recording and Updating Early Help

Professionals must:

- Register the EHA – Online Registration Form
- Update changes – Early Help Change of Coordinator Form
- Close the plan – Early Help Closure Form

(Forms and guidance available via the Westmorland & Furness Safeguarding Children Partnership website.)

Need Advice?

Family Help Support Line T: **0300 373 2723** E: family.help.waf@cumbria.gov.uk

